

Have you often felt that you were put here on Earth for a specific purpose but just couldn't quite remember what it was? Have you experienced a wide range of mysterious and strange physical, emotional, and spiritual symptoms that make you wonder if perhaps you were losing your mind? This book clearly explains how and why these symptoms are part of the purification process, where we are becoming closer and closer to The Source and our true selves as we gradually begin to arrive in the higher realms. This is an ascension book and workbook for excavating your soul's unique purpose and contribution.

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# Remembering Your Soul Purpose

*A Part Of Ascension*

*Second Edition*

Karen Bishop

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**A Part Of Ascension**  
**Second Edition**

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ISBN-10 1-60145-013-3

ISBN-13 978-1-60145-013-5

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Printed in the United States of America.

Booklocker.com, Inc.  
2005

Cover art by Julie Sartain  
Author photo by Ross Stubbings

# Module 9



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## *Your One Hat*

IN THE NEW WORLD, we will each be wearing only one hat. With the blueprint for the New communities revolving around a central hub with a special and unique contribution being made by each resident, each of us then, will have one special and unique contribution to make.

The ascension process greatly supports this blueprint. As we go through the many internal shifts and changes created by this rare and special process, we begin to get very tired. The ascension process in itself wears us out tremendously, but it also has a jewel hidden within its purpose. Through the stretching, changing and releasing we find ourselves experiencing, we find that we have no energy to do much that we found ourselves doing before.

We have lost the desire for and can no longer be the bookkeeper and accountant, the housecleaner, the car washer, the gardener, decorator and perhaps the cook. It seems we no longer have the energy to *do it all*.

In addition, we may find ourselves no longer being able to jump through all the hoops and red tape that are necessary to get from here to there.

What is occurring is a re-wiring and evolution into the New Human. In the New World, each of us will simply be doing and being what we love. We will no longer have to do or be anything that we do not choose

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to. We can do whatever we want whenever we want. What is left then, after much cleansing and releasing, is the gold nugget of our passion, fully intact while all else has simply left us. And passion is simply an uninterrupted stream of intense Source energy, all going in the same direction with nothing to hold it back. No doubts, insecurities or fears.

In this New World, all will be fulfilled by someone who has a passion and desire and vibration for it. If there has been a piece or function in the world that no one desires to fill and embody, this piece or function will simply cease to exist. The only reality will be one which is made up of passions and passions, joys and joys and connections and connections.

We are tired of doing it all because we are not supposed to. What we do not choose or desire to do, or what seems to now drain us, will simply be fulfilled by someone who loves doing it, or else it will not be needed and necessary in this New World we are creating. In this way, we will always have everything we need provided by someone who loves providing and sharing it with us and our community as we share our joy and passion as well.

Lightworkers or more “conscious” beings in the old world had many gifts and talents. Because we had been around for so long and experienced so much, at times it seemed that we had a large array of gifts, talents and abilities to choose from. And having so much to offer could cause some confusion on what exactly was ours to do and be!

Therefore, there might be a variety of things that might light you up. Many arenas might be familiar to you as you may have been a master at them in many prior life infusions.

But for this particular time of creating the New World, you came with one gift and talent that was bigger and brighter than the others. Although you are capable of many things, this time that is now arriving will support you in contributing one very special thing, or in other words, wearing one very special hat. It is the hat that is left when you find yourself tired of wearing so many. It is the hat that you continually wear and come back to and the hat that fits the best and gives you the most comfort. It is the hat that you *CANNOT* not wear. It always seems to fall out of the closet and land on your head, time after time.

In my current lifetime, for instance, I have continually found myself in situations where I am “setting up” and then I leave. My greatest joys have been in moving into a new house and getting it organized and decorated.

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“I pray thee, oh God,  
that I may be beautiful within.”

Socrates

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Living in it is not nearly as much fun. If I were to plant a garden, I would enjoy most the aspects of planning and planting, much more than the harvest. In my prior careers, I held positions of “setting up” as well. For awhile I held a position where I introduced within the schools system a severely disabled student.

I worked with staff, students and outside supports to set up a program enabling this student to be fully supported for success through student interaction and volunteering, staff involvement and outside services. When all was complete and self-sustaining, my job was done.

The same theme was present with me as a grantwriter. I would assist and consult with non-profits in order to help them become self-sustaining, so to speak, and then I would be done. Another time I worked for a large food bank where I supported and assisted over 350 soup kitchens and pantries in 17 counties to help them in becoming more efficient and successful, and then I was done. These self-sustaining principles were also very present with me as a parent. And so on and so on.

What is this theme about? We continually vibrate our soul purpose at all levels, whether in the 3D or in the higher realms. In higher dimensions I hold the same position. I can remember creating planets out of gases (and maybe you can too), setting up the interactive systems of ecology, etc., and then being done. I have continually been a soul who also sets up new planets in other ways. I go to a new planet or system, usually with a team, and set it up to enable it to begin experiencing life or set up the system of life there so that all will function in an orderly way, and then I am done. And this is what I am doing now, and then I will be done with this experience and be moving on to a very new universe which I have never experienced before.

So then, as you can see, we are now coming to a point where we are taking our vibrations of soul purpose that we experienced in the 3D to higher levels of expression. And we are also spinning off all other past experiences and infusions of energy to enable us to wear our one hat only.

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“To see things in the seed,  
that is genius.”

Lao-tzu

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# ***Your Remembering Journal***



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## **Module 9: *Your One Hat***

In the ten spaces below, record your answers to this question, giving ten different answers:

***Who Am I?***

For example, are you a mother, father, teacher, writer, gardener, animal lover, music lover, traveler, aunt, daughter, son, renter, landlord, driver, dancer, avid reader, employee, employer, mystic, cook, volunteer, pet owner, nature lover, phone talker, seamstress, consultant, painter, walker, and so on.

1.

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**2.**

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**3.**

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**4.**

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**5.**

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**6.**

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**7.**

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**8.**

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**9.**

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**10.**

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After you have completed filling in the ten spaces, answer this question below each space:

***What “turns you on” about that particular answer?***

Now go back and list them below in order of priority. Your most important priority goes at the top.

**1.**

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**2.**

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**3.**

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**4.**

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**5.**

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**6.**

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**8.**

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**9.**

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**10.**

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In this next section, answer the following questions:

*Imagine sitting in an airport, waiting for your boarding time. As you have some time to kill, you are not particularly involved in anything. You notice a conversation going on nearby. As you listen, you begin sitting upright in your seat and strain to hear every word, as you cannot believe what these individuals are talking about. You can barely contain yourself, as you really want to jump into the conversation, and eventually do. So then,*

***What was the conversation about?***

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*Now picture yourself entering a bookstore.*

***What section of the bookstore do you always gravitate to?***

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***What do you always want to know the most about? Why?  
What do you love about this subject?***

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*This time, picture yourself in a shopping mall that contains every kind of store imaginable. All you could dream of wanting is in each store of its kind.*

***Which stores would you want to go into the most? Why?***

You can choose more than one store, and remember, they are each filled with everything you could want and more of their particular type.

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***Now, name three jobs that you have had in the past. If you haven't had three jobs, name three projects you have been involved in. If you can, also name one job and one project that you are CURRENTLY involved in. Then ask yourself the following questions and record your answers on the lines below each job or project:***

**1.**

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**2.**

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**3.**

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**4.**

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***What did you like best about each job or project?  
Why did you like this?  
Why is this important?***

And now some final questions:

***What do you know the most about?***

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***What brings you pain and what do you passionately complain the most about? (The opposite of this highlights your gift and purpose.) What is the opposite?***

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***What do people continually ask you for your help with?***

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***When and what do you give without expecting anything in return?***

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***What are you doing when you lose track of time?***

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***When do you feel important?***

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***What do you love doing so much, that you would pay for the privilege of doing it?***

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***When are you the best, most natural you?***

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Again, pull out all the key words or phrases and organize them into groups or categories. You will find that all your “themes” will fit into the categories you have organized. For example, you may end up with four categories, but most of your answers will be *aspects* or *ways to express yourself* within each of the categories.

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As the New World involves a total absence of the responsibilities that we have no desire to fulfill, which is why we “deflate” when we are faced with them, we then get to wear our own special “One Hat.” What will yours be?

Have you often felt that you were put here on Earth for a specific purpose but just couldn't quite remember what it was? Have you experienced a wide range of mysterious and strange physical, emotional, and spiritual symptoms that make you wonder if perhaps you were losing your mind? This book clearly explains how and why these symptoms are part of the purification process, where we are becoming closer and closer to The Source and our true selves as we gradually begin to arrive in the higher realms. This is an ascension book and workbook for excavating your soul's unique purpose and contribution.

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